GMO Myths and Truths

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A report released June 17, GMO Myths and Truths has brought into sharp focus what I have been writing about for years since meeting Jeffrey Smith. He has single-handedly done more than any other person to try to stop Monsanto from killing all of us with their greedy approach to control the food supply of the planet.

Please understand that Bt is just one of the poisons introduced into our food supply by GMO foods but it is not the Bt (Bacillus theringensis) that has been widely believed to be safe. How does the genetically modified Bt kill pests? IT TEARS UP THE GUTS of the insects!!!

That is one more reason everyone today has some food sensitivities, as the microbiome is disturbed and becomes suboptimal. One year after GMO foods were introduced in England the incidence of soy allergy soared and the incidence of asthma in children increased 40%. Today I assume that over 90 % of all of us have some leaky gut with resulting food sensitivities setting the stage for the epidemic of chronic illness we are seeing in our population including the over 100 conditions known to be autoimmune disease related.

Yet these patients get sent to specialists who prescribe very dangerous drugs to deal with the symptoms and patients never learn about my FIGHT program, which is summarized in a 17 page document by Scott Forsgren on my website www.gordonresearch.com. You can read his outline of my FIGHT program or watch the 7 hours of webinars covering Food, Infection, Genetics, Heavy Metals/Hormones, and Toxins. I put those 7 hours together to prove to any interested person, by supplying all the relevant references as power point presentations that anyone with any chronic condition needs to address all of these areas if we want to treat causes rather than suppress symptoms.

The toughest part is getting people to understand that knowing which foods are contributing to your impaired health is not enough, because without my gut restoration program using my Power Drink (Maca, Beyond Fiber, Organic Green, BioEn'R-G'y C and Zeogold) supported by daily probiotic, you will become sensitive over time to virtually any foods. Bt set the stage for you to have leaky gut and very few of us can entirely avoid any GMO food in our diet. GMO foods will disrupt the integrity of the gut lining and you can become sensitive to even the best foods, even carrots!

Start to educate your patients why it is so hard to enjoy optimal health today even if we are eating organically all of the time. Thus my answer is my Power Drink and a daily probiotic to try to restore the microbiome of the intestine, which GMO foods have disrupted in everyone.

Full report can be found here:

http://earthopensource.org/files/pdfs/GMO Myths and Truths/GMO Myths and Truths 1.3.pdf

Executive Summary

Genetically modified (GM) crops are promoted on the basis of a range of far-reaching claims from the GM crop industry and its supporters. They say that GM crops:

Are an extension of natural breeding and do not pose different risks from naturally bred crops Are safe to eat and can be more nutritious than naturally bred crops Are strictly regulated for safety Increase crop yields Reduce pesticide use Benefit farmers and make their lives easier Bring economic benefits Benefit the environment Can help solve problems caused by climate change Reduce energy use Will help feed the world.

However, a large and growing body of scientific and other authoritative evidence shows that these claims are not true. On the contrary, evidence presented in this report indicates that GM crops: Are laboratory-made, using technology that is totally different from natural breeding methods, and pose different risks from non-GM crops Can be toxic, allergenic or less nutritious than their natural

counterparts Are not adequately regulated to ensure safety Do not increase yield potential Do not reduce pesticide use but increase it Create serious problems for farmers, including herbicide-tolerant "superweeds", compromised soil quality, and increased disease susceptibility in crops Have mixed economic effects Harm soil quality, disrupt ecosystems, and reduce biodiversity Do not offer effective solutions to climate change Are as energy-hungry as any other chemically-farmed crops Cannot solve the problem of world hunger but distract from its real causes – poverty, lack of access to food and, increasingly, lack of access to land to grow it on.

Based on the evidence presented in this report, there is no need to take risks with GM crops when effective, readily available, and sustainable solutions to the problems that GM technology is claimed to address already exist. Conventional plant breeding, in some cases helped by safe modern technologies like gene mapping and marker assisted selection, continues to outperform GM in producing high-yield, drought-tolerant, and pest- and disease-resistant crops that can meet our present and future food needs.

Sincerely,

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An evidence-based examination of the claims made for the safety and efficacy of genetically modified crops

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